

## Sourced from ancient volcanic depths of the blue zone island of Sardinia, Italy

# THE HYPERMINERAL WATER **NATURALLY SPARKLING WITH AN EXPLOSIVE TASTE**

## Nurturing the Natural Power of San Martino

Among the few in the world classified as "rich in mineral salts", San Martino hypermineral water is perfected by Nature.

From an ancient volcanic basin of 1,000 mt deep and in a cycle of 50 years the water is slowly filtered by volcanic rocks, and returns to surfice with its own gas and a unique mineral composition.

San Martino is well enriched with an outstanding flavor and nutritional properties.



# DAILY INTAKE OF MINERALS

RECOMMENDED INTAKE OF MINERALS	AGE	CALCIUM (mg)	1 It SM	MAGNESIUM (mg)	1 It SM	SODIUM (mg)	1 It SM	POTASSSIUM (mg)	1 lt SM
SAN MARTINO in mg			211		71		810		99
INFANCY/ADOLESCENCE						· · · · · ·			
	6-12 months	260	87%	80	89%	400	223%	700	14.4%
	1-3 year	700	32%	80	89%	700	127%	1700	5.9%
	4-6 year	900	25%	100	71%	900	99%	2400	4.2%
	7-10 year	1100	21%	150	47%	1100	81%	3000	3.4%
MALE	11-14 year	1300	17%	240	30.0%	1500	59%	3900	2.6%
	15-17 year	1300	17%	240	30.0%	1500	59%	3900	2.6%
FEMALE	11-14 year	1300	17%	240	30.0%	1500	59%	3900	2.6%
	15-17 year	1200	19%	240	30.0%	1500	59%	3900	2.6%
ADULT AGE									
MALE	18-29 year	1000	23%	240	30.0%	1500	59%	3900	2.6%
	30-59 year	1000	23%	240	30.0%	1500	59%	3900	2.6%
	60-74 year	1200	19%	240	30.0%	1200	74%	3900	2.6%
	≥75 year	1200	19%	240	30.0%	1200	74%	3900	2.6%
FEMALE	18-29 year	1000	23%	240	30.0%	1500	59%	3900	2.6%
	30-59 year	1000	23%	240	30.0%	1500	59%	3900	2.6%
	60-74 year	1200	19%	240	30.0%	1200	74%	3900	2.6%
	≥75 year	1200	19%	240	30.0%	1200	74%	3900	2.6%
PREGNANCY		1200	19%	240	30.0%	1500	59%	3900	2.6%
BREASTFEEDING		1000	23%	240	30.0%	1500	59%	3900	2.6%

# SAN MARTINO YOUR HEALTHIER CHOICE

#### SODIUM AND POTASSIUM

are two electrolytes that work together to maintain fluid balance within our cells. They play a key role in regulating nerve and muscle function, as well as hydration levels in the body

#### BICARBONATES

As stated in the chemical analysis San Martino has 2461 mgl of Bicarbonates that facilitate digestion and can aid in reducing bloating and indigestion, along with helping to neutralize stomach acid, promoting a more alkaline environment in the gut

#### **CALCIUM AND PHOSFORUS**

Calcium is good for bone strength and muscle contractions, as well as -Phosforus that regulates PH values playingan important role in teeth and bones too

#### MAGNESIUM AND IRON

The balance between body and mind is guaranteed: Magnesium facilitates concentration and Iron, along a series of metabolic effects is significantly useful against fatigue and strees

#### SAN MARTINO

hypermineral water enriched by nature with essential mineral salts like sodium, potassium, magnesium, calcium, and bicarbonates offers a **myriad of benefits for overall health** and **well-being** particularly in the realms of hot weather, sports performance and digestive health

## **BRAND COMPARISON**

BRAND	TDS*	рН	BICARBONATES	CALCIUM	POTASSIUM	MAGNESIUM	SODIUM	CHLORIDES
SAN MARTINO	3098	6.66	<b>2461</b>	211	99	66	924	321
GEROLSTEINER	2479	5.9	1816	348	11	108	118	40
VICHY CATALAN	2900	8	2081	14	11	6	1100	680
SAN PELLEGRINO	845	7.7	243	164	2.02	49.5	31.2	49.4
EVIAN	345	7.2	360	80	1	26	6.05	10

\*Total Dissolved Solids

## At the Table and after Sport

Its fine and persistent bead makes this superior table water a perfect pairing for raw seafood as well as roasted, braised and grilled entrees.

Calcium, magnesium and potassium, together with its bicarbonates, make it ideal for those who play sports. San Martino water strongly contributes to replenishing the minerals both professional athletes and amateurs inevitably lose during physical activity.

## **Excellent for tastings**

CASA FONDATA NEL 1902

Its bicarbonates cleanse the taste buds, enabling them to fully savor the flavor notes of wines and spirits. San Martino water is ideal for tasting coffees, herbed cheeses, dried fruit-based desserts, and any food best tasted on a clean palate.

Its natural sodium bicarbonate content, among the highest in the world, promotes digestion and leaves you feeling pleasantly light after a meal.

#### The only water comparable to a hydro-saline integrator.





## Established in 1902

## Scientifically proven to facilitate DIGESTION

Cleansing the tasting buds **ENHANCE TASTING** notes of wines and spirits

Used by bartenders in **MIXOLOGY** 

## NO gastrointestinal BLOATING thanks to its NATURAL SPARKLING

Thanks to its extraordinary MINERALS it's **REFRESHING** 

It's **UNQUE** due to its journey through the volcanic rocks over a 50 years cycle in a basin more than 1000 meters deep.





### **Scientific Studies**

A self-controlled pilot study was recently published on the authoritative Science Direct website, Biomedicine & Pharmacotherapy section. This study attests that after a short period of consumption, San Martino water can have very positive - metabolic effects on people's health.

The complete original study is here: https://bit.ly/3fPxyyC

### Accolades

San Martino water won several gold medals and awards in national and international competitions.

To date, San Martino water is the first Italian product to have received the "Diamond" prestige award from the International Taste and Quality Institute of Brussels, judged by a panel composed of 130 chefs, sommeliers, and experts.

For 9 consecutive years, it achieved a perfect "Three Stars" score at the Superior Taste Awards, the most prestigious quality competition for food and beverages. Its unique characteristics have led experts and connoisseurs to describe it as "the champagne of mineral waters".





# **OUR HOUSEHOLD OFFER 365 DAYS OF SAN MARTINO WATER**

Deliveries every first week of the month Choose Your Subscription

QTY PER MONTH	DISCOUNT	PRICE PER BOTTLE	TO BILL 12 MONTH
24	25%	\$4.50 NETT	\$1,296 NETT
36	30%	\$4.20 NETT	\$1,814.40 NETT
60	35%	\$3.90 NETT	\$2,808 NETT



#### DOWNLOAD **SUBSCRIPTION FORM**

# STAY HYDRATED THROUGHOUT THE DAY WITH SAN MARTINO HYPERMINERAL WATER A SPECTACULAR WATER THAT HELPS TO CONTRIBUTE

CELEBRATING YEARS OF COMMITMENT

For enquiries email to webmaster@CornerStoneWines.com or WhatsApp at +65 8790 0456

TO YOUR DAILY MINERAL REQUIREMENTS

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